

Up

NEWCASTLE



Level: Easy Intermediate

Artist: Olly Murs (feat. Demi Lovato)

Choreography: Jenny Adamson jadamson4@bigpond.com

Speed: Normal **Length:** 3:44

Sequence: A, B, Chorus, Bridge, A, B, Chorus, C, Chorus, End.

Wait: 16 beats

Quick Cues

Part A (32 beats)

8 Fancy Vine
4 Rocking Chair (Rft)
4 Triple (1/2R)
16 REPEAT

Part B (40 beats)

8 Swayback
4 Rocking Chair
4 Fancy Double
8 Samantha
16 **2** Clogover Slur Turn
(1/2L EA)

Chorus (64 beats)

8 Triple Lori
8 Little Joe (FWD & BK-Rft)
8 Slur Twisty Basic (Rft)
4 Travelling Pivot (1/2R)
4 Fancy Double
32 REPEAT

Bridge (4 beats)

4 **4** Stomp

Part A (32 beats)

8 Fancy Vine
4 Rocking Chair (Rft)
4 Triple (1/2R)
16 REPEAT

Part B (40 beats)

8 Swayback
4 Rocking Chair
4 Fancy Double
8 Samantha
16 **2** Clogover Slur Turn
(1/2L EA)

Quick Cues

Chorus (64 beats)

8 Triple Lori
8 Little Joe (FWD & BK-Rft)
8 Slur Twisty Basic (Rft)
4 Travelling Pivot (1/2R)
4 Fancy Double
32 REPEAT

Part C (64 beats)

8 Rocking Slurs
4 Triple (3/4R)
4 Fancy Double
8 Rocking Slurs
4 Triple (3/4R)
4 Fancy Double
16 **2** Red Rooster
8 Samantha (1/2R)
8 Swayback

Chorus (64 beats)

8 Triple Lori
8 Little Joe (FWD & BK-Rft)
8 Slur Twisty Basic (Rft)
4 Travelling Pivot (1/2R)
4 Fancy Double
32 REPEAT

Ending (1 Beat)

1 (P) Step (OTS)



Amended to ACA
Recommended Format
21 JAN 2020

Step Definitions - UP

FANCY VINE:

DS (OT) DS (XIF) DS (OTS) RS DS (XIF) DS (OTS) RS RS
L R L RL R L RL RL
&1 &2 &3 &4 &5 &6 &7 &8

ROCKING CHAIR:

DS BR H DS RS
L R L R LR
&1 & 2 &3 &4

TRIPLE: (Rft Lead)

DS DS DS RS
R L R LR
&1 &2 &3 &4

SWAYBACK:

DS DT (XIF) H DT (X) H T-H (BK) R (BK) S DS DS RS
L R L R L R L R L R L R LR
&1 & 2 & 3 &4 & 5 &6 &7 &8

FANCY DOUBLE:

DS DS RS RS
L R LR LR
&1 &2 &3 &4

SAMANTHA:

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

CLOGOVER SLUR TURN: -(PVT 1/2 L ON BOTH BA'S -AN UP & DOWN MOVEMENT)

DS DS (XIF) DS (OTS) SLR-S (XIB) DS DT BA/BA (XIF) PVT/PVT (1/2L) S RS
L R L R R L R L/R L/R R LR
&1 &2 &3 & 4 &5 & 6 & 7 &8

TRIPLE LORI:

DS DT SL DS DT SL DS DT SL RS RS
L R L R L R L R L RL RL
&1 & 2 &3 & 4 &5 & 6 &7 &8

STOMP:

(P) STO
L
& 1

LITTLE JOE: (R lead in this dance-NO TURN- move fwd 4 beats & back 4 beats)

DS-SL S-SL STO STA SL [DS DS DS RS] -(FULL LEFT)
R R L L R L R L R L RL
&1 & 2 & 3 & 4 &5 &6 &7 &8

SLUR TWISTY BASIC:Rft lead

DS SLR-S (XIB) BA (OTS) BA (XIF) BA (OTS) S (XIB) DS SLR-S (XIB) DS RS
R L L R L R L R L L R LR
&1 & 2 & 3 & 4 &5 & 6 &7 &8

TRAVELLING PIVOT:

DS (OTS) DS (XIF) DS (OTS) PVT (R) /LOOP-S (BK)
L R L L / R R
&1 &2 &3 & 4

STEP:

(P) S
L
& 1

ROCKING SLURS:

RS SLR S (XIB) RS (F) SLR S (XIB) RS (F) SLR S (XIB) RS RS
LR L L RL R R LR L L RL RL
&1 & 2 &3 & 4 &5 & 6 &7 &8

RED ROOSTER:

DS DS (XIF) BA (OTS) BA (XIB) BA (OTS) BA (XIF) DS (OTS) RS RS RS (MOVING L or R)
L R L R L R L RL RL RL
&1 &2 & 3 & 4 &5 &6 &7 &8